



cañastennis

2021

# SUMMER CAMP



# ABOUT US

Canas Tennis was founded in 2009 and is a full-service tennis management company that develops programs in all segments of tennis for people of all levels and ages.

**MISSIÓN** Create a path through SPORTS and EDUCATION that impacts people and society in a positive way, generating healthy habits and accompanying them in the enjoyment of a better quality of life to all those people who choose TENNIS as a sport.

**PHILOSOPHY AND VALUES** At Canas Tennis we have a philosophy of building teams of professionals that are seeking excellence in what they do by providing service to our clients and sharing six values that act as pillars on how we manage our facilities and conduct our programs. Our six values are:

- ✓ COMMITMENT
- ✓ SACRIFICE
- ✓ INCLUSION
- ✓ DISCIPLINE
- ✓ TEAMWORK
- ✓ PERSEVERANCE





# SUMMER CAMP PROGRAM 2021

The main objective of our camp is "to educate children through the practice of sports", stimulating movement and passion for sports, values, integration and coexistence, healthy life and good habits and the development of social and emotional skills.

## PROGRAM: TINY TOTS (AGES 3-5) ●●●

This first stage of the child's sports training is aimed at laying the foundations for a rich motor experience through play. Prepares the child for better learning in later stages.

Children will be introduced to tennis using the proper grips and technique for the basic strokes. These classes will develop balance, eye hand coordination, footwork and striking balls. This camp is geared toward beginners learning under the QUICK START format (short-court). 8 AND UNDER PROGRAM is taught on a 36' court.

MONDAY – FRIDAY  
8:30AM-12:00PM

WEEKLY RATE

\$330



## PROGRAM: QUICK START (AGES 5-8) ●●●

This stage continues the integral development of the child, forming it through sports. In this stage, sport-specific tools are built through modern game-based methodologies. It is a stage where the systematic practice of tennis is deepened, with the aim of improving sports performance through continuous learning.

MONDAY – FRIDAY  
TIME HALF-DAY:  
8:30AM-12:00PM

WEEKLY RATE

**\$330**

MONDAY – FRIDAY  
TIME FULL-DAY:  
8:30AM-3:00PM

WEEKLY RATE

**\$450**

## PROGRAM: JUNIOR (AGES 9 & UP) ●●●

This stage continues the integral development of the child, forming it through sports. In this stage, sport-specific tools are built through modern game-based methodologies. It is a stage where the systematic practice of tennis is deepened, with the aim of improving sports performance through continuous learning.

Classes are designed to improve grips, strokes and footwork patterns through fun drills and skill competitions. Players with a good technical base will focus on strategy, match play and fitness.

MONDAY – FRIDAY  
TIME HALF-DAY:  
9:00AM-12:00PM

WEEKLY RATE

**\$350**

MONDAY – FRIDAY  
TIME FULL-DAY:  
9:00AM-3:00PM

WEEKLY RATE

**\$475**