

2021 - 2022

WEEKLY & FULL TIME PROGRAMS



ABOUT US

Canas Tennis was founded in 2009 and is a full-service tennis management company that develops programs in all segments of tennis for people of all levels and ages.

MISIÓN Create a path through SPORTS and EDUCATION that impacts people and society in a positive way, generating healthy habits and accompanying them in the enjoyment of a better quality of life to all those people who choose TENNIS as a sport.

PHILOSOPHY AND VALUES At Canas Tennis we have a philosophy of building teams of professionals that are seeking excellence in what they do by providing service to our clients and sharing these values that act as pillars on how we manage our facilities and conduct our programs:

- ✓ INCLUSION
- ✓ RESPECT
- ✓ EMPATHY
- ✓ TEAMWORK
- ✓ PERSEVERANCE
- ✓ COMMITMENT
- ✓ SOLIDARITY
- ✓ DISCIPLINE



WEEKLY PROGRAM

WEEKLY COMPETITIVE (AGES 10-18)

The weekly competitive program is designed for players seeking to improve their tennis ability in an intensive short-term program. Weekly athletes maximize their time on court and focus on key aspects of their game, including core aspects of our Integral System. Special attention to footwork, patterns of play, mental and emotional aspect will be perfect it in a short period of time. Our team will maximize the potential of each player, incorporating the strengths into their own profile as players.

MONDAY – FRIDAY 9:00 AM TO 4:00 PM

Morning Session

9:00 am to 10:00 am (Fitness)
10:00 am to 12:00 pm (Tennis)

Lunch and Recovery

12 pm to 2:00 pm

Afternoon Session

2:00 pm to 4:00 pm (Tennis)

DAILY PRICE:

\$120 Full Session

\$90 Half Session

WEEKLY PRICE:

\$490 Full Session

\$350 Half Session

FULL TIME PROGRAM

FULL TIME COMPETITIVE (AGES 13-18)

The Full-Time competitive program is designed for players seeking to strike a balance between high performance tennis training and a college preparatory education. Full time players train all aspects of our Integral System: in order to develop a well-rounded player with solid fundamentals. The full-time program enables each player to maximize his or her potential through a personalized plan and schedule. The depth of experience in our team will ensure that each aspect of a player's development is addressed.

MONDAY – FRIDAY 9:00 AM TO 4:00 PM

Morning Session

9:00 am to 10:00 am (Fitness)
10:00 am to 12:00 pm (Tennis)

Lunch and Recovery

12 pm to 2:00 pm

Afternoon Session

2:00 pm to 4:00 pm (Tennis)

FULL TIME MONTHLY PRICE:

\$1,750 Full Session

\$970 Half Session

Boarding: Please contact info@canastennis.com for more information